

# Express yourself! Explore knowledge!



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# FROM THE PRINCIPAL'S DESK....

If Life were predictable, it would cease to be life, and be without flavor.

Dear Students,

These Summer months of May and June help us to take stock of ourselves as we rest, replenish our minds and get revitalized for the busy months ahead. The holidays ensure perfect family time and opportunities for travel and pursuing interests and hobbies.

They say that an umbrella, a book and the mind only work when open !!! So let us open our minds and embrace the various ways in which we can enhance our thoughts, empower our learning and expand our knowledge during the summer break.

The Summer Holiday Engagement of 2023, comes with a special intent and purpose.

Each challenging and interesting project will take you on a journey....a journey of self discovery and introspection.

Every task will have a significant FUN quotient as well as an inherent reward of knowledge attained.

Almost all options will require a bit of family involvement because we want our Goenkan minds to communicate and collaborate with friends, parents and siblings. In our educational experience, we should always keep pace with our surroundings for which social interactions are the key.

In my opinion, all efforts are appreciated and I value the importance of creativity and individual strengths of all students.

Hope everyone enjoys the roller coaster ride and the overall impact of learning from this Goenkan initiative of the Summer Holiday Engagement 2023-24.

Let us reinvent ourselves through mutual sharing, working together and internalizing progressive ideas.

Arnab Mukherjee

## ELEVATE ! EXPLORE ! EXPRESS ! ENJOY THE CHANGE !

Learning can become a joyful experience if we introduce some fun techniques and do away with the boring study patterns.

This summer, the Holiday assignment will help you to learn, enjoy and enhance your talents.

#### **ENGLISH**

- **1.** Make a list of ten different types of phobias.
- 2. Write and learn 20 collective nouns.
- 3. Draw a picture of your choice and write 5 sentences about the picture.
- 4. Write a story using the hints : 

   Student
   Picnic
   Historical place
   School
   Lunch together
   Games
   Scenery
   Memory
- 5. Draw and label the house of the followings Lion Dog Bird Horse Rabbit
- 6. Why should we study English language ? Give reasons. ( min.2 points)
- 7. Make a poster to advertise local and organic foods mentioning where they come from and why they are good for you. Draw /paste related pictures on A4 size sheet.
- 8. Create an album capturing moments how your mother has helped you on several occasions .
- 9. How do eating pizzas and burgers affect the environment?
- 10. Write a slogan to convince people not to use plastic bags.

### **HINDI**

प्यारे बच्चों, भ्रमण करना किसे अच्छा नहीं लगता? लेकिन घूमने के लिए अवकाश चाहिए होता है। अतः आपको जिस समय की प्रतीक्षा थी, अब वह केवल कुछ ही दूरी पर है। जी हाँ.... ...... आ गई गर्मी की छुट्टियाँ और हाँ, ढेर सारा आराम, मौज-मस्ती और भ्रमण अरे! लेकिन, बिना किसी रचनात्मक कार्य के छुट्टियाँ भी उबाऊ हो जाती हैं, है ना? तो चलिए मौज-मस्ती के साथ ही अपने ज्ञान को बढ़ाते हुए रचनात्मक पक्ष की प्रस्तुति करें।

तो आइये आरंभ करते हैं:-

रामायण महाकाव्य से तो सभी परिचित हैं। इसी महाकाव्य से संबंधित पात्रों से परिचित होंगे ।अपने पसंदीदा 2 पात्र का चित्र बनाकर उनके बारें में 10 पंक्तियाँ लिखें । इसके लिए A4 शीटका प्रयोग करें ।

# **SANSKRIT**



मित्र व सगे-संबंधियों से बातें करना किसे नहीं भाता !

अपने किसी मित्र से संस्कृत भाषा में वार्तालाप करते हुए 8–10 संवाद लिखिए । यह कार्य आप A–4 sheet पर कर सकते हैं। वार्तालाप के आधार पर आप सुंदर चित्र भी चिपका सकते हैं।

यह कार्य आंतरिक मूल्यांकन के लिये भी जाँचा जाएगा।

#### **MATHS**

1. When you go for a trip with your parents to another state, then what is the difference between the temperature of that city and your city ,explain it using the concept of integers in details on a A4 sheet paper.





2. Suppose that if you are travelling in a plane ,then how the starting height of the plane, its height in the sky and the final height are changing (consider 100 metre height as 00).Show the height of the plane on number line on a chart paper(You can take the measurements of a unit as per your convenience.)



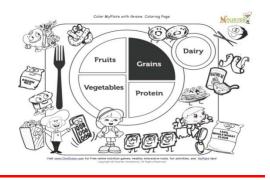


## SCIENCE

### FOOD AND NUTRITION

Food and nutrition are the way that we get fuel, providing energy for our bodies. Smart nutrition and food choices can help prevent disease. Eating the right foods can help your body cope more successfully with an ongoing illness. The effective management of food intake and nutrition are both key to good health. Understanding good nutrition and paying attention to what you eat can help you maintain or improve your health.

- 1. Prepare a diet chart by collecting information about what your family members eat at different times of the day. (Mention their name, age and food items eaten- in breakfast, lunch and dinner and also paste their passport size photo).
- 2. Sprouts presentation: prepare sprouts and click the picture of it on a colored A4 sheet and also write about its nutritional benefits .



3. "Tasty food is not always nutritious and nutritious food may not always be tasty to eat" using this theme create a collage on "HEALTHY AND UNHEALTHY FOOD " Please use A3 size paper to make this collage.

#### SOCIAL SCIENCE

People are different from each other in many ways. Not just in looks, but they also belong to different regional, cultural or religious backgrounds. These differences enrich our lives in many ways. All these different people, who come from different backgrounds and belonging to all kinds of religions and cultures help to make India so interesting and diverse.

To enquire about the rich diversity and varied culture of our country Make a chart on the topic Diversity of India owing to different (food ,dress, religion ,dance ,festival). Note:- Any one of the topics to be chosen.